

# Erie County Stay Fit Dining Program

STANDARD

## MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Meatloaf w/Gravy Au Gratin Potatoes Seasoned Spinach Rye Bread Strawberry Bavarian (845)	<b>2</b> Breaded Fish w/ Tartar Sauce Broccoli Grape Juice Mac-n-Cheese Fig Bar (944)
<b>5</b> Breaded Chicken Breast w/ Cacciatore Sc over Penne Pasta Seasoned Mashed Squash Peas Rice Krispy Square (771)	<b>6</b> Meatballs in German Sauce over Cavatappi California Blend Vegetables Grape Juice Oatmeal Raisin Cookie(884)	<b>7</b> Sliced Turkey Breast over Stuffing w/ Gravy Mashed Potatoes Green Beans w/Red Pepper Frosted Yellow Cake (797)	<b>8</b> Salisbury Steak w/ Gravy Lima Bean Bake Carrots Wheat Bread Fruited Gelatin (768)	<b>9 Lenten Meal</b> Cheese Omelet w/ Cheese Sauce Home Fries Seasoned Spinach Blueberry Muffin Square Orange (783)
<b>12</b> Creamy Turkey Pasta over Penne Wax Beans Broccoli Cinnamon Crumb Cake (726)	<b>13 Everyone's Favorite                      Soup and Sandwich                      Sloppy Joe on                      a Bun                      Hot Corn Chowder                      Peas                      Pineapple Tidbits (903)</b> 	<b>14</b> Baked Chicken Thigh over Stuffing Savory Mashed Squash Green Beans Rice Pudding w/Raisins (802)	<b>15 St. Patrick's Day                      Sliced Hot Ham Sandwich                      w/ Mustard                      Carrots and                      Cabbage                      Parslied Boiled                      Potatoes                      Lime Sherbet (635)</b> 	<b>16 Lenten Meal</b> Broccoli, Cauliflower & Cheese Strata w/White Cheese Sauce Scalloped Apples & Cranberries Sliced Carrots Wheat Dinner Roll Ambrosia (977)
<b>19</b> Pork Stew Mashed Potatoes Biscuit Tropical Fruit Cup (686)	<b>20 Welcome Spring                      Entrée Salad                      Chicken Salad                      w/Cranberries on a                      Bed of Greens w/                      Crackers                      Apple Juice                      Banana (958)</b> 	<b>21</b> Breaded Veal Patty w/ Italian Tomato Sauce and Mozz over Penne Pasta Cauliflower Grape Juice Orange Pineapple Velvet (865)	<b>22</b> Sliced Roast Beef with Gravy Sour Cream and Chive Mashed Potatoes Sliced Carrots Hamburger Bun Peaches (673)	<b>23 Side Salad-Lenten Meal</b> Baked Fish w/ Lemon Dill Sc over Brown Rice Pilaf Coleslaw Green Beans Frosted Lemon Cake (691)
<b>26</b> Polish Sausage on a Bun w/ Mustard AuGratin Potatoes Bavarian Red Cabbage Apple Crisp (817)	<b>27</b> Turkey Tetrzini Broccoli Corn Carnival Cookies (716)	<b>28 Easter Meal</b> Chicken Cordon Bleu w/ Herbed Cream Sc on Rice Pilaf Chef Salad Orange Glazed Carrots Coconut Cream Pie (1167)	<b>29</b> Sliced Roast Beef w/Mushroom Gravy Mashed Sweet Potato Peas Wheat Dinner Roll Apple (800)	<b>30 No Meals Served</b> 